



Equal Say for Carers

**Collective advocacy for
carers in North Lanarkshire**



What is collective advocacy ? Who is it for?

Collective advocacy provides opportunities for groups of people with a common issue to meet together, share their views and support each other. Together we can identify issues we want to address; jointly working to have our voices heard. Our collective advocacy groups for carers focus on social care issues and carers' rights.

Our groups are open to all adults aged 16+ with caring responsibilities. We would particularly like to hear from people who are new to caring, are exploring social care for the first time or who experience other challenges in addition to their caring role.

How could collective advocacy help you?

- Help you to make choices
- Help you to understand your rights
- Opportunities for peer support
- Develop your self-advocacy skills and confidence
- Increase your knowledge of local social care services including Self-directed Support
- Opportunities to be involved in decision making processes

How to get involved?

We want to hear from you!
If you want to find out more about access to local in-person or online groups, please contact:

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